

Kamakura 鎌倉

Access アクセス

Tsukuba Station (TX) TXつくば駅

🚄 Tsukuba Express つくばエクスプレス (45min.) 1,190yen

TX Akihabara Station TX秋葉原駅

🚶 on foot 徒歩

JR Akihabara Station JR秋葉原駅

🚇 Yamanote Line 山手線 (14min.)

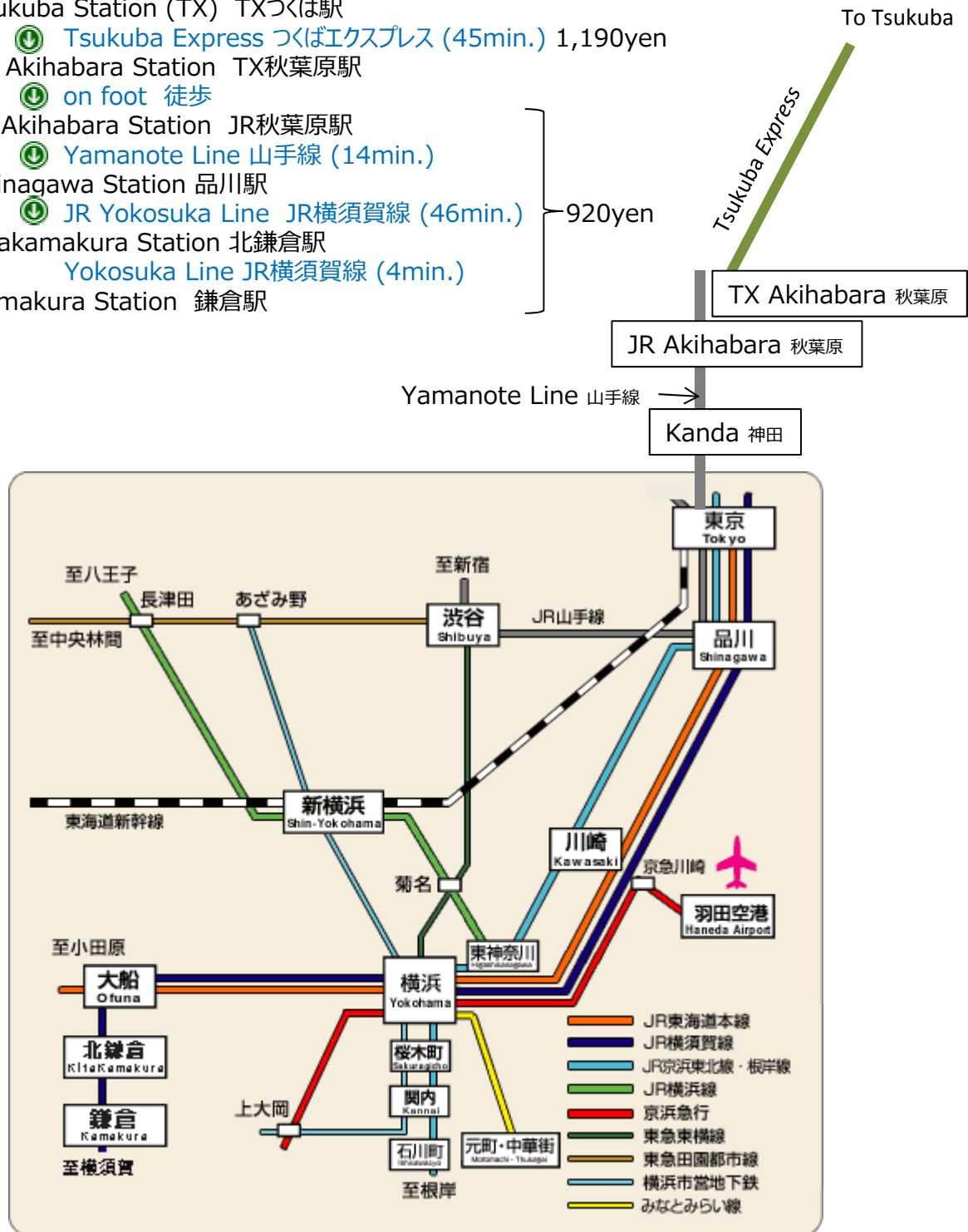
Shinagawa Station 品川駅

🚇 JR Yokosuka Line JR横須賀線 (46min.) } 920yen

Kitakamakura Station 北鎌倉駅

Yokosuka Line JR横須賀線 (4min.)

Kamakura Station 鎌倉駅



Kamakura 鎌倉

Kamakura is a city located in Kanagawa, about 50 kilometres south-south-west of Tokyo. It used to be also called Renpu (short for Kamakura Bakufu or Kamakura Shogunate).

Kamakura is a small city and a very popular tourist destination. Sometimes called the Kyoto of Eastern Japan, Kamakura offers numerous [temples](#), [shrines](#) and other [historical](#) monuments. In addition, Kamakura's sand beaches attract large crowds during the summer months.

横浜市の南西、藤沢市の東、逗子市の北西に位置し、南は相模湾に面している。三方が低い山で囲まれ海に面する地であり、かつては幕府が置かれ政権の要の地であった。

鎌倉は地域内に多くの歴史遺跡を持つ「古都」であるが、室町時代中期以降に衰退したため「都市・鎌倉」としての歴史は連続していない。

江戸時代後期になると、地域内の寺社が多くの参詣客を集めるようになるが、明治初期の段階でも鎌倉大仏（高德院）や長谷寺を擁する長谷地区に都市的な集落が分布するのみで、現在の鎌倉市の中心市街地は形成されていなかった。（ウィキペディア引用）

Zeniarai Benten 銭洗弁天



Engakuji Temple 円覚寺

Great Buddha 鎌倉大仏



Hasedera Temple 長谷寺

Anokuronji Temple 安国論寺

A tour of old temples to seek inner peace

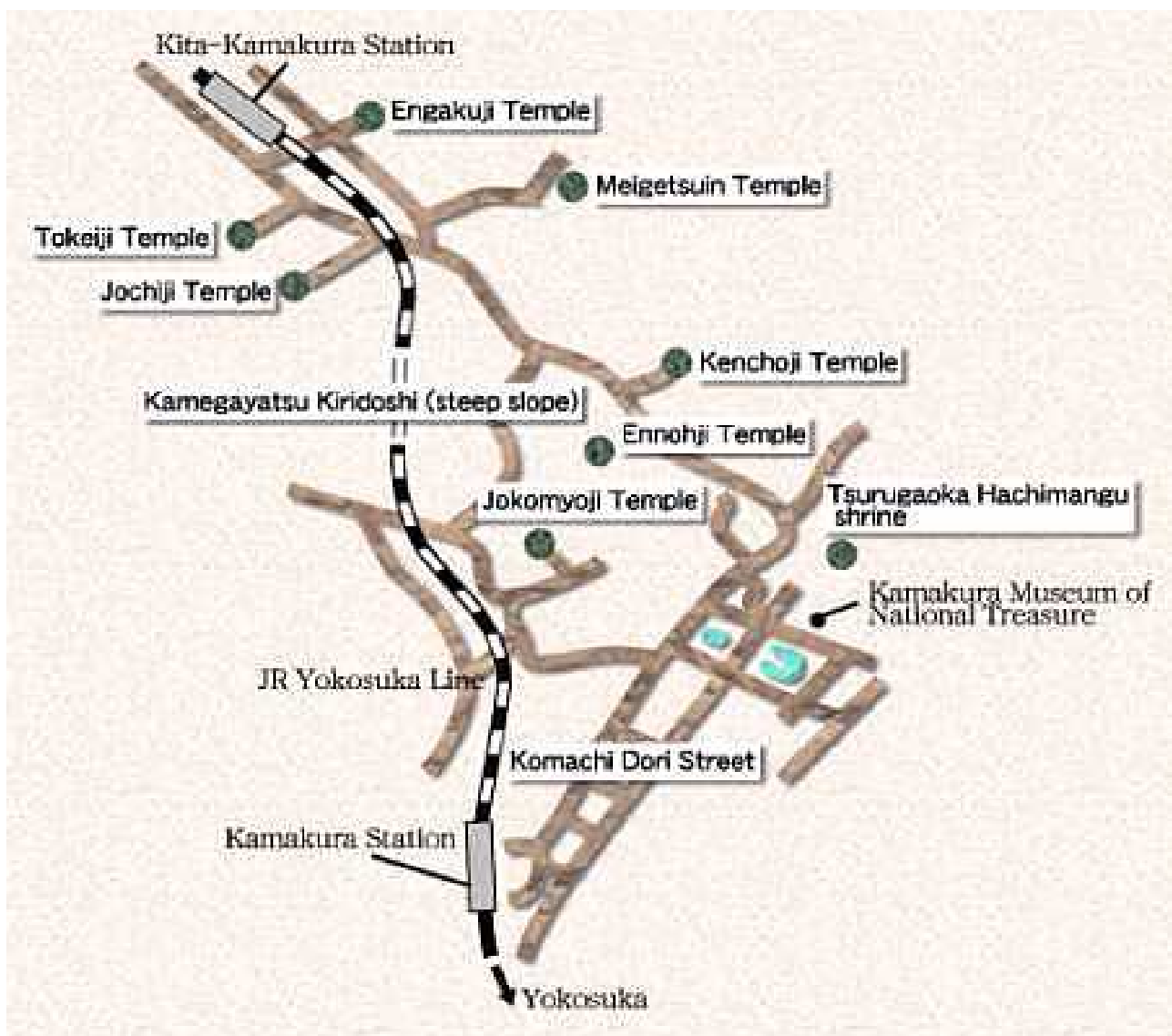
This is an ideal course for tourists, whether new to or familiar with Kamakura, especially for people who are interested in the spirit of Zen and Buddhist statues unique to the Kamakura region. The area offers seasonal scenery, and is especially beautiful when hydrangea bloom. It is also interesting to dine at restaurants and shop at souvenir shops en route. Make your own plan according to your interests and available time.

Model course:

(Times measured are for the shortest routes on foot, excluding time spent at each spot.)

- Total course time: 1 hr. 21 min.

Kita-Kamakura Station --(1 min.)--> Engakuji Temple --(4 min.)--> Tokeiji Temple --(3 min.)--> Jochiji Temple --(13 min.)--> Kenchoji Temple --(3 min.)--> Ennohji Temple --(4 min.)--> Kamegayatsu Kiridoshi (steep slope) --(18 min.)--> Jokomyoji Temple --(13 min.)--> Tsurugaoka Hachimangu shrine --(1 min.)--> Komachi Dori Street --(15 min.)--> Kamakura



A tour of places noted for their connections with the Kamakura government

This is a tour of places noted for their connections with the Kamakura government and its founder Minamoto Yoritomo. The course starts and ends at JR Kamakura Station. If time permits, it is recommended to go as far as Kamakuragu Shrine and Zuisenji Temple where seasonal flowers abound.

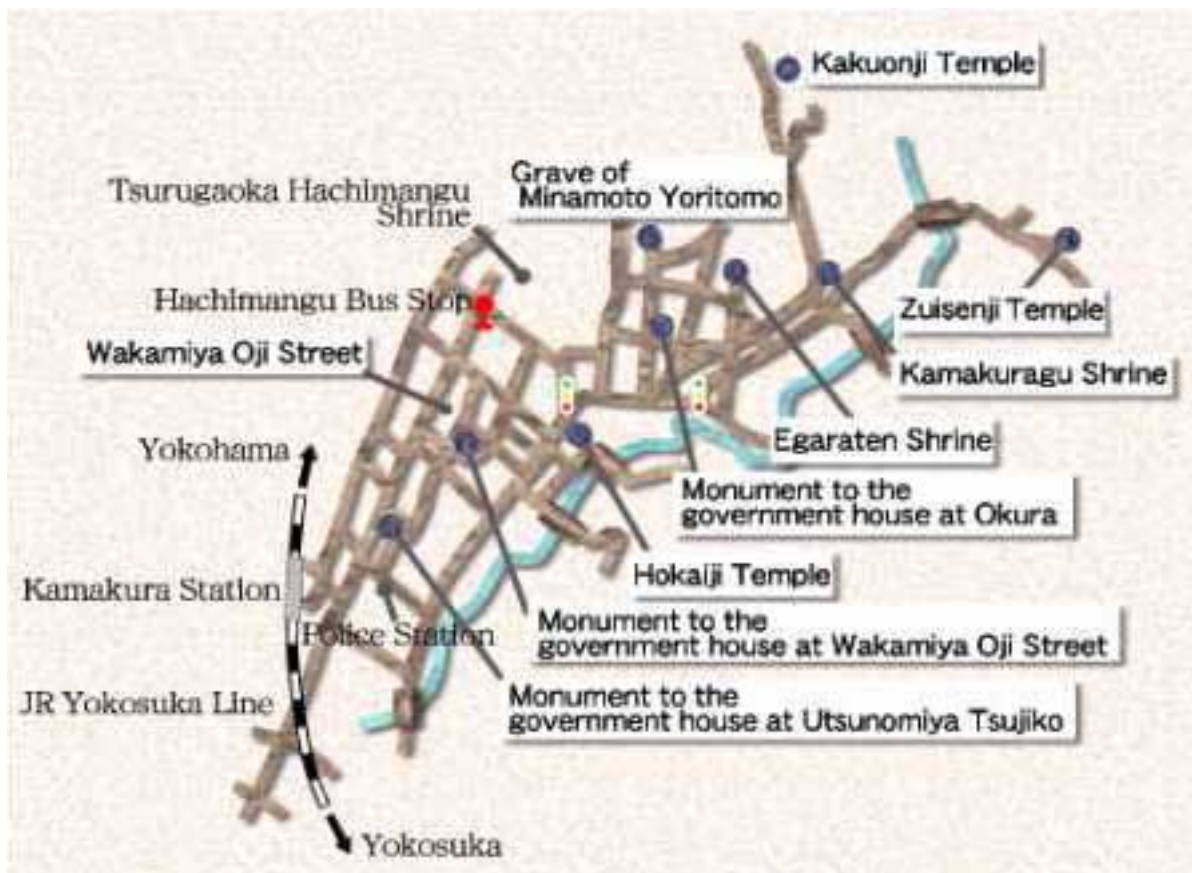
There are good places to eat and shop near the station.

Model course:

(The times are for the shortest routes on foot, excluding the time spent at each spot.)

- Total course time: 1 hr. 21-27 minutes

Kamakura Station --(5 min.)--> Monument to the government house at Utsunomiya Tsujiko --(5 min.)--> Monument to the government house at Wakamiya Oji Street --(3 min.)--> --> Hokuji Temple --(8 min.)--> Monument to the government house at Okura --(3 min.)--> Grave of Minamoto Yoritomo --(5 min.)--> Egaraten Shrine --(5 min.)--> Kamakuragu Shrine --(12-15 min.)--> Zuisenji or Kakuonji Temple --(12-15 min.)--> Otomiya Bus Stop --(10 min. by bus)--> Hachimangu Bus Stop -- Wakamiya Oji --(13 min.)--> Kamakura Station



Recommended foods and goods お薦め品



Nama Shirasu-don

・ Nama Shirasu-don しらす丼

Nama means "raw", shirasu is whitebait and Don=Donburi is a Japanese "rice bowl dish". Please try "Nama Shirasu Don" if you have a chance.

湘南海岸周辺はシラスの名産地です。でも、漁獲量は減ってきてるし、鮮度的に生シラスは貴重なので、鎌倉近辺で食べるのが一番です！

・Kenchin-jiru けんちん汁



Kenchin jiru

Kenchin-jiru is originally a temple dish basically made from root vegetables stif-fried in sesame oil then simmered in miso based soup. It's a popular winter dish in Japan.

It can be made purely vegetarian, but I often add chicken.

Ingredients: chicken, tofu, carrots, daikon (Japanese radish), konnyaku (konjac), renkon (lotus root), shimeji mushrooms.

建長寺が発祥という「けんちん汁」で有名。本鰹から取った一番だしを使用、おいしい豆腐と野菜たっぷりの具がからだに良さそう。

Kamakura is a popular tourist destination, less than an hour south of Tokyo in Kanagawa Prefecture. The town is historically important, as it was briefly the capital of Japan when Shogun **Minamoto Yoritomo** established his new government in the area in 1192. Today, it is dubbed the Kyoto of East Japan, with Zen temples and shrines aplenty to explore; the town is popular as a day excursion from the nation's capital. Kamakura's greatest attraction is the *Daibutsu* (Great Buddha), a 14-metre tall bronze statue of the Amida Buddha that is much photographed and featured in tourist brochures and promo's.



Hato Sabure

鳩サブレ（はとサブレ）は、豊島屋（としまや）が製造するサブレ。フレッシュバターをふんだんに使用しており、名前が示す通り鳩を模した形が特徴である。

主に鎌倉の鶴岡八幡宮に参詣した人の土産として有名で、現在では神奈川県を代表する銘菓となっている。

● Kamakura-bori 鎌倉彫

Kamakura-bori is a form of lacquerware from Kamakura Japan. It is made by carving patterns in wood, then lacquering it with layers of red, blue, yellow or other colors. It is then polished. The genre is said to date to the Kamakura period. when Kōun (or, according to another theory, Kōen, a *busshi* (a sculptor specializing in Buddhist images), began carving Buddhist implements in the manner that Chin Na-kei (or Chin Wa-kei) had introduced from Song Dynasty China.

鎌倉の伝統工芸、鎌倉彫。彫りの味わいと木の温もり、漆の深みのある色調が特徴である。その起源は中世、仏師が中国から渡来した彫漆を真似て仏具を作ったことにあるとされる。鎌倉の仏師たちも、堆朱や堆黒などを用いて木彫りの仏具を作ったという。円覚寺開山堂にある天竺牡丹文透彫り前机（室町期・重文）は鎌倉彫の原型とされる。鎌倉彫の素材は桂やホオノキ、イチヨウなど。素材を用途に合わせて形成したあと、表面に彫りを施す。その上から漆を繰り返して塗り重ね、艶を出していく。色艶だけでなく、漆は堅牢さを増す効果をもつ。

